

## Starters & Nibbles

Item	Eggs	Milk	Cereals containing Gluten	Lupin	Peanuts	Soybeans	Nuts	Celery	Mustard	Sesame Seeds	Sulphites	Molluscs	Fish	Crustaceans
Nachos (Tortilla Chips)														
Bean Chilli								x	x					
Guacamole														
Cheese		x												
The Roberto		x	x					x	x		x			
Morecambe Bay Shrimps with Toasts		x	x					x				x	x	x
Mushroom Pate			x			x	Trace		x		x			
Curried Halloumi Fries		x	Trace	x	x			x	x	x				

## Main Courses

Item	Eggs	Milk	Cereals containing Gluten	Lupin	Peanuts	Soybeans	Nuts	Celery	Mustard	Sesame Seeds	Sulphites	Molluscs	Fish	Crustaceans
Fish & Chips			x										x	
Double Burger	x	x	x				x	x	x	x	x			
Cobb Salad	x	x	x				x	x	x	x	x			
Curry						x	Trace	x	x		x			
Popadoms				x		x								
Mango Chutney							Trace	x	x					
Falafel with Hummous, Salsa			x					x	x	x				
Roasted Salmon	x		x			x		x	x		x		x	
Ham & Eggs	x								x		x			
Mushy Peas														
Tartare Sauce	x	x							x		x			

## Sunday roasts

Item	Eggs	Milk	Cereals containing Gluten	Lupin	Peanuts	Soybeans	Nuts	Celery	Mustard	Sesame Seeds	Sulphites	Molluscs	Fish	Crustaceans
Gravy			x	x		x		x	x		x			
Yorkshire puddings	x	x	x	x										
Carrot & Swede Mash		x						x						
Roast Beef								x	x					
Vegan Roast														
Ham Roast				x				x	x					
Roast Potatoes									x					
Panache Vegetables														
Pigs in Blankets			x				x	x	x		x			
Cauliflower Cheese		x		x				x	x					

## Sides

Item	Eggs	Milk	Cereals containing Gluten	Lupin	Peanuts	Soybeans	Nuts	Celery	Mustard	Sesame Seeds	Sulphites	Molluscs	Fish	Crustaceans
Chunky Chips			Trace from fryer											
Onion Rings			x											
Shoe String Fries		Trace	Trace from fryer					Trace			Trace			
Loaded Fries		x	Trace from fryer					x	x		x			

## Lunch

Item	Eggs	Milk	Cereals containing Gluten	Lupin	Peanuts	Soybeans	Nuts	Celery	Mustard	Sesame Seeds	Sulphites	Molluscs	Fish	Crustaceans
Baguette	Trace	Trace	x			Trace		Trace						
Ham			x								x			
Fishfingers			x										x	
Steak with Bluecheese sauce	x	x							x					
Picalilli			x					x	x					









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Weetabix			x											
Honey														
Jam														
Marmalade														
White Bread			x											
Brown Bread			x											
Gluten Free Bread														
Haddock & Eggs	x	x									x			